Saskatchewan - Dept. Rpts.

c.2

Saskatchewan Health

Community Services
Weyburn-Estevan Region

Weyburn-Estevan Health Region
Annual Review 1981-1982

HEALTH REGION ADMINISTRATOR

Monica Hoffart is responsible and accountable for the delivery, management and administration of the community programs provided by health region staff.

RECEIVED
DEC 23 1982
LEGISLATIVE
LIBRARY

MEDICAL OFFICER OF HEALTH

Dr. A. Krahn has a legislated role to play in protecting the public's health. Under authority vested in him by the Public Health Act, the Medical Health Officer controls communicable diseases and enforces sanitary regulations.

CHAIRMAN: REGIONAL BOARD OF HEALTH

J. R. Robins conducts the affairs of the Board which serves as an advisory body to the Minister of Health. As a liaison unit with rural and urban municipalities the Board encourages bylaws to be passed which promote public health in local communities.

PUBLIC HEALTH NURSING SERVICES

LARAINE TREMBLAY
REGIONAL NURSING SUPERVISOR

Laraine Tremblay, Regional Nursing Supervisor, directs the activities of the Public Health Nurses and ensures that the level of service meets provincially-established objectives and standards.

Claudia Berscheid, PHN I, checks for congenital dislocated hip on this infant as part of the basic inspection done at the postnatal home visit. This year over 89% of new parents and babies received a postnatal home visit from a PHN.

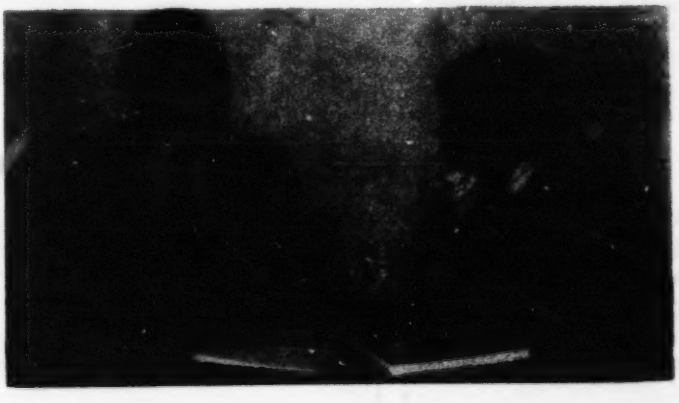
Expectant parents discuss the various aspects of prenatal care with Toni Black, PHN I, Estevan. Statistics reveal that 35% of all mothers delivering during 1981-82 attended prenatal classes. This figure includes 76% of those delivering for the first time. The number of fathers attending continues to rise.

Toni Black gets the attention of "baby" while carrying out the DDST (Denver Developmental Screening Test) at one of the Region's Child Health Conferences. Mom (Jennifer Heinrichs, former PHN) looks on.

Dr. Krahn serves as our Medical Consultant on many aspects of the nursing program. Here, Isabel Moore, PHN II, discusses with him the immunization program, its policies and procedures.

This scoliosis screening procedure demonstrated by Brenda Walker, PHN I, Estevan, is done on all youngsters prior to their entry into the school system. It is repeated on all girls in grades 6, 7 & 8 as well as boys in grades 7 & 8

An integral part of our service to the school-age population includes regular conferences between the PHN and school officials. Linda Nell, PHN I, discusses the school nursing program with L. Fawcett, Superintendent.



This young student was one of many who received his red measles injection from Claudia Berscheid during the provincial campaign carried out to ensure that all students in Grades 1-9 were immunized. It proved to be most successful in that 98.4% of that age group are now protected against this disease.

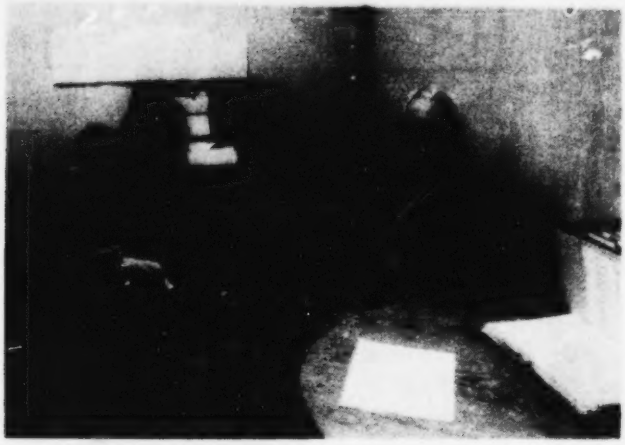
Betty Stewart, PHN I, reviews the medication regime with this adult couple as part of the health teaching and supervision visit she makes to them. During this fiscal year, PHN's made 1741 visits to the adult population in this Health Region.

Beth Lindquist, PHN I, Carlyle, served as our representative on the Public Health Nursing Information System Committee. Here, she is about to tackle a recent assignment regarding the proposed computerized system.

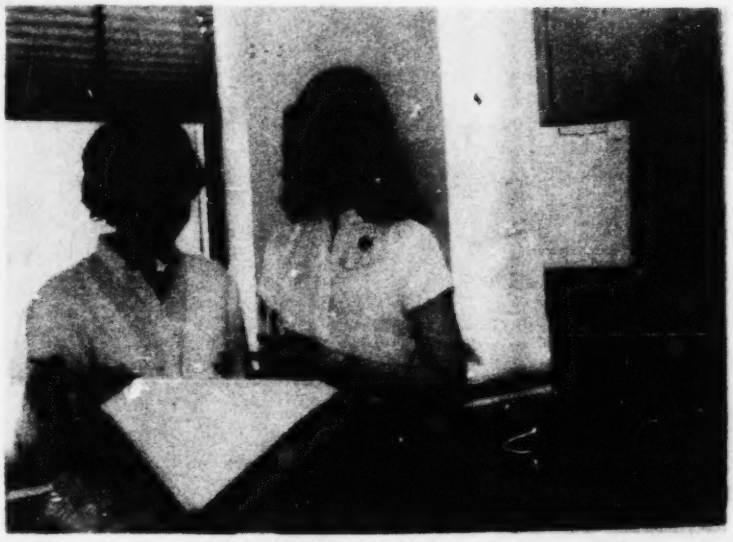
A major aspect of the PHN's day-to-day activities includes recording her services. Ann Marie Baerwald, PHN I, Oxbow, completes her day by putting the final touch on a case report.

SASKATCHEWAN HEARING AID PLAN

Glenys McIntyre, Audiometric Technician, counsels an elderly patient in the proper use of his new hearing aid. In this Health Region, 136 patients have been fitted with aids this year.



Celeste Heaney, Audiologist, explains the results of a hearing test to Brenda Walker, PHN I, who referred the patient. In 1981-82, there were 429 hearing assessments done.



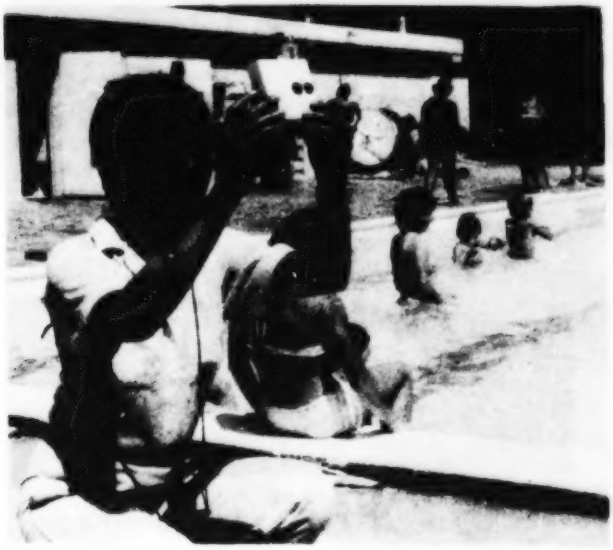
PUBLIC HEALTH INSPECTION SERVICES

GORDON BUTTON
SENIOR PUBLIC HEALTH INSPECTOR

Gordon Button, Senior Public Health Inspector, is responsible for the environmental sanitation program in all its inspection, enforcement and educational aspects.

Trevor Getty, PHI II, Weyburn, placards a house as "unfit for human occupation" according to the Public Health Act.

Studying a set of blueprints for a new school has Peter deGraaf, PHI I, Estevan, engrossed with calculations.



Wendy Fong, PHI I, Estevan tests the pH and chlorine levels to determine whether the pool water is safe for swimmers.

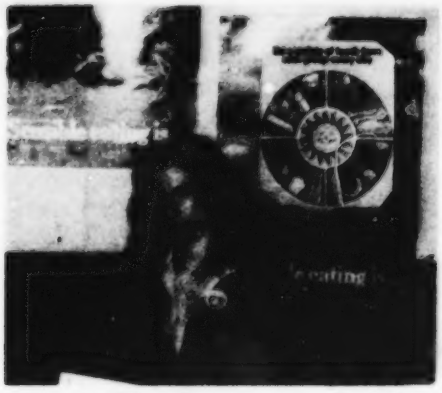
Yvonne Schiller, PHI I, Weyburn, analyzes a water sample submitted from a farmer's new well in order to provide him with information on its quality and ways in which to protect the new supply.

Yvonne gets an important point across at the Weyburn Food Handling Course. 155 persons attended the 5 courses held in Weyburn, Estevan, Carlyle and Carnduff.

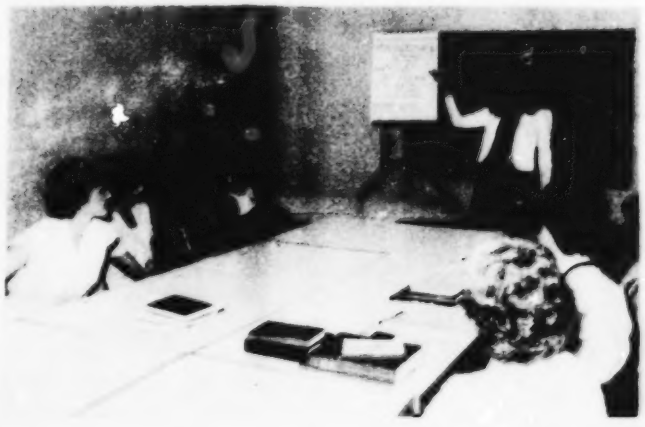
A scarcity of lakes in the region highlights the need for artificial swimming pools. Trevor teaches 33 operators the appropriate formula for pool water disinfection using chlorine.

NUTRITION SERVICES

MARNIE BERNARD
REGIONAL NUTRITIONIST

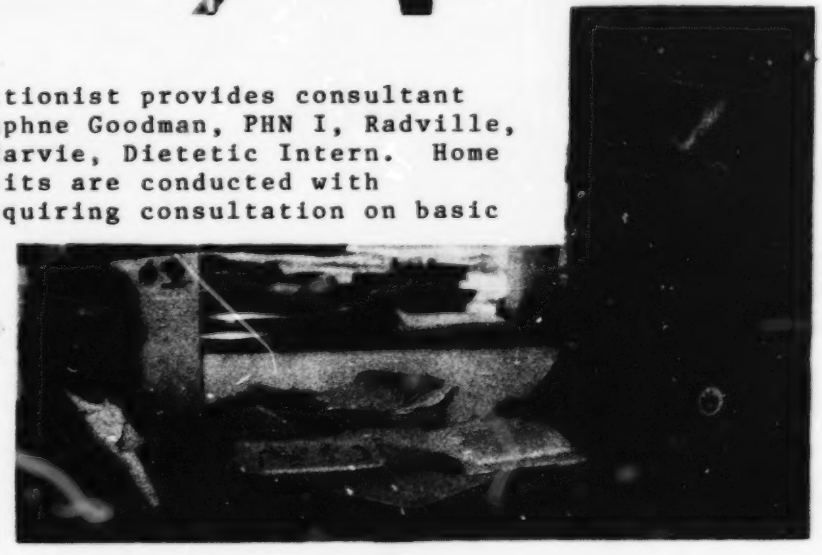


Various displays are held on themes such as Nutrition Month and feeding preschoolers.



The nutritionist focuses on group educational programmes. Twenty-nine group presentations were made to 485 persons, including dieters, students, foodhandlers, Home Care, Women's Clubs, retirement groups, public health nurses and special-interest and "at risk" groups.

Here the Nutritionist provides consultant services to Daphne Goodman, PHN I, Radville, and Jennifer Harvie, Dietetic Intern. Home and office visits are conducted with individuals requiring consultation on basic nutrition, special diets and planning food/nutrition programmes.



Regular media work included 155 public service announcements on CFSL and CJSL and 57 newspaper columns in seven regional newspapers.

Part of a nutritionist's week includes office work: answering individual requests (633) and working on special projects...

... The Division II Pilot Study was analyzed, and the report compiled over a 2-month time period with the help of dietetic student Judy Halladay.

... One month was devoted to successive revisions of the Weight-Control Leaders' Guide.

... During March, Nutrition Month, resources were developed for, and distributed to, media, supermarkets, libraries and restaurants. Seven displays were held in malls and libraries.

SPEECH THERAPY SERVICES

TERRY BERGLUND
SPEECH PATHOLOGIST

Throughout the year, several presentations are given to provide information to professionals and parent groups about communication skills and disorders.

A case conference is held with several professionals to discuss programming for a child.

Individual conferences with other professionals are held on a regular basis, as here with Dorothea Bailey, PHN I, Redvers.

After each therapy session, parents are informed about their child's progress and provided with home programming materials.

The Speech Pathologist performs an oral exam to identify possible abnormalities that could prevent good speech development.

After a child is diagnosed as having a speech and language problem, remediation begins with weekly therapy sessions.

Other administrative responsibilities of a Speech and Language Pathologist are: to prepare diagnostic reports, maintain up-to-date reports on all clients, collect and maintain statistical data.

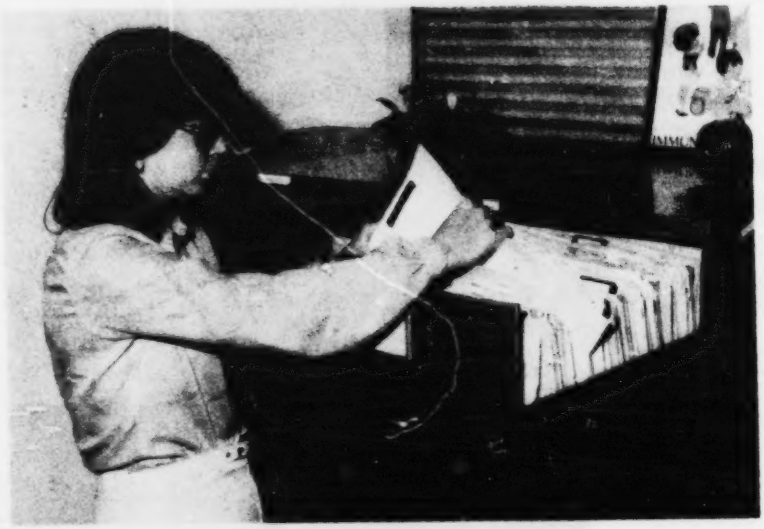
CLERICAL SERVICES

Anne Maki, Clerk-Steno III, readies the Gestetner machine to run off minutes of the Regional Board of Health meeting.

Gloria Allen, Clerk-Steno II, keeps the chain of written communication links between the Public Health Nurses intact.

Lynn Rogal, Clerk-Typist II, books a Child Health Conference appointment for a student's measles immunization.

Incoming calls requesting health services keep Elaine Boire, part-time Clerk-Typist I in the Estevan District Office, smiling.

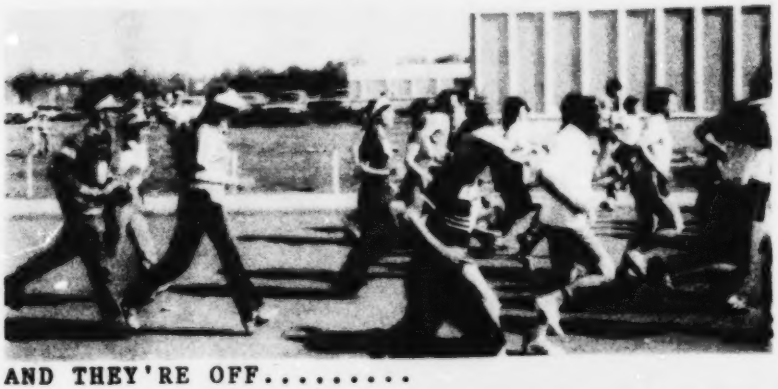


A well-organized filing system helps Gloria George, Clerk Steno II, operate the Estevan District Office efficiently.

Val Thomas, part-time Clerk Typist II, combines her artistic talents with her knowledge of photography in producing the Annual Review.

Candid Camera

,,,Sunday, May 31, 1981,,,The last day of the Davidson Challenge and members of the Health Region enter a road race as a last minute attempt to add points to their score.

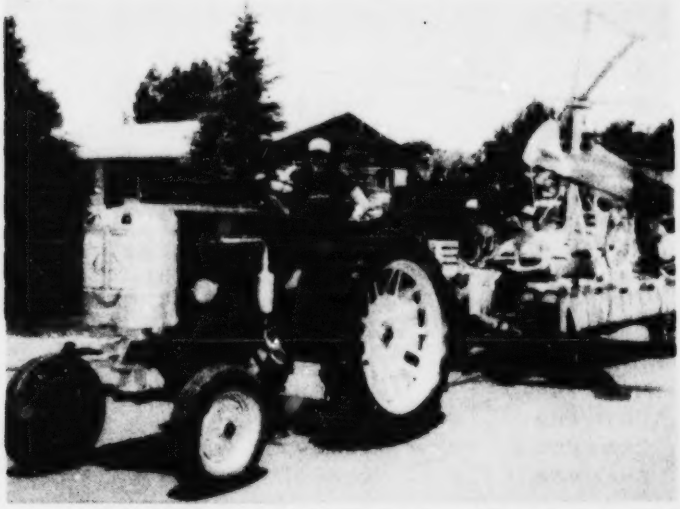


AND THEY'RE OFF.....

"Do you believe they actually ran?"

"I would run too if I didn't enjoy my job so much!"

Toni Black can prove that during her 25 years of service she's learned to be organized! She assures us that "only one trip to the car can do it every time".



"Community involvement?" asks Judy Halladay as she begins her dietetic internship. "What a load to pull!"

"That needle didn't hurt at all!"

"Honestly, I didn't drop it! It worked well yesterday."

CHILD HEALTH CENTRES

NAME OF C.H.C.	LOCATION	TIME	DAY OF MONTH
Alameda	School	1:00 - 4:00	2nd Thurs.
Alida	School	9:00 - 3:00	1st Thurs.
Arcola	Brock Union Hospital	10:00 - 4:00	4th Thurs.
Bienfait	Parish Hall	10:00 - 3:30	3rd Thurs.
Carievale	Willing Worker's Club Room	1:00 - 4:00	4th Thurs.
Carlyle	Public Health Office	9:00 - 4:00	1st Wed. 3rd Wed.
Carnduff	Town Hall	10:00 - 4:00	2nd Tues. 3rd Tues.
Ceylon	School	1:00 - 3:30	3rd Tues.
*Corning	School	1:00 - 3:30	3rd Thurs.
Creelman	School	1:00 - 3:30	3rd Tues.
Estevan City	Health Centre	9:00 - 4:20	2nd Mon. Every Wed.
Estevan Evening	Health Centre	6:30 - 8:30	2nd Mon.
Estevan Rural	Health Centre	9:00 - 4:20	2nd Thurs. 4th Thurs.
Fillmore	Fillmore Hospital Nurses' Lounge	10:00 - 3:30	4th Thurs.
Gainsborough	Community Hall	1:00 - 4:00	1st Tues.
Kisbey	School	1:00 - 4:00	2nd Wed.
*Lake Alma	School	1:00 - 3:30	1st Thurs.
Lampman	R.M. Office	10:00 - 4:00	2nd Tues.
Manor	School	10:00 - 4:00	2nd Thurs.
Midale	Union Hospital	10:00 - 4:00	1st Tues.
*Minton	Elk's Hall	1:00 - 3:30	2nd Tues.
Oungre	R.M. Office	10:00 - 4:00	3rd Tues.
Oxbow	Public Health Office	9:00 - 4:00	1st Thurs. 3rd Thurs.
Pangman	School	1:00 - 3:30	2nd Thurs.
Radville	Public Health Office	9:00 - 4:00	1st Wed. 3rd Wed.
Redvers	Public Health Office	9:00 - 4:00	3rd Wed. 3rd Thurs.
Storthoaks	School	1:00 - 4:00	1st Wed.
Stoughton	Legion Hall	9:30 - 4:00	1st Thurs.
Torquay	R.M. Office	10:00 - 4:00	3rd Thurs.
*Tribune	Community Hall	1:30 - 3:30	2nd Tues.
Weyburn	Health Centre	9:00 - 4:10	2nd Tues. 4th Wed. Every Mon. Every Thurs.
Weyburn Evening	Health Centre	6:30 - 8:30	1st Tues.

***Summer clinics only - April to November inclusive**

SELECTED NURSING STATISTICS

Services	1980-81 Total Number	1981-82 Total Number
Total number of home visits	3,426	3,235
A. Maternal Health		
Prenatal classes held -	158	181
Mothers attending at least once	269	277
Fathers attending at least once	220	227
Prenatal home visits	171	288
Postnatal home visits	715	664
B. Child Health		
Child Health Conferences held	539½ full days	575
Infants (0-12 mos.) attending	3,214	3,191
Preschoolers (13 mos. to school entrance)	3,667	3,397
Home visits:		
Infants	897	800
Preschoolers	322	295
C. School Health		
Student enrollment	10,567	10,354
Students followed up	1,396	1,430
Students attending health ed. programs	1,762	1,618
Scoliosis screening:		
Girls in grades 6, 7 and 8	1,182	1,066
Referred	99	101
Boys in grades 7 and 8	864	801
Referred	77	68
D. Communicable Disease Control and Investigation		
Follow-up visits	164	148

Immunization: Diph., Tet., Pert.	Primary 80-81	Primary 81-82	Recall 80-81	Recall 81-82
Infants	732	692	14	5
Preschoolers	107	103	1484	1504
Students (Td)	23	16	900	904
Oral Polio				
Infants	744	729	21	13
Preschoolers	101	86	1487	1531
Students	66	21	911	962

MMR		
Preschoolers	853	840
Students	21	438
Mumps		
Preschoolers	142	44
Students	98	53
Rubella (students)	368	270
E. Adult Health		
Home visits:		
Elderly (over 65 yrs.)	651	542
Other adults (under 65 yrs.)	529	413
Physically handicapped	291	215
S.A.I.L. recipients	481	571

NUTRITION STATISTICS

	Meetings	Attendance	Meetings	Attendance
I. NUTRITION EDUCATION	1980 - 1981		1981 - 1982	
A. Group Discussions				
1. Special Groups: Weight-Control, Home Care, Foodhandlers	29	419	9	209
2. Student Groups	2	21	4	78
3. Parent and Community Groups	6	166	8	138
4. Interdisciplinary Groups	6	114	8	60
TOTALS	43	720	29	485
B. Inservice Training and Orientation				
1. Students	1	1	2	2
2. Staff	3	27	4	41
3. Supervision of a Nutrition Student	-	-	2	months
TOTALS	4	28	6	43

	1980-81	1981-82
C. Mass Media		
1. Radio	94	155
2. Newspaper	54	57
3. Other: displays, resource materials	22	23
TOTALS	170	235
II. INDIVIDUAL COUNSELLING		
1. Initial visits, follow-up visits, consultations re: clients	80	23
TOTALS	80	23
III. CONSULTATIVE SERVICES		
1. Provided technical information, materials, etc.	684	633
2. Requested information, materials, etc.	259	219
3. Meetings, conferences, workshops, etc.	48	41
4. Liaisons initiated	7	5
5. Visitors	23	15
TOTALS	1021	913

PUBLIC HEALTH INSPECTION ACTIVITY REPORT - REGIONAL

INSPECTION AND FIELD VISITS	TOTAL
Eating Establishments	622
Other Food (Distribution, Processing and Liquor Outlets)	186
Communal Water Systems	33
Other Water (Private & Public Supply)	176
Municipal Sewage System	68
Non-Municipal Sewage System	31
Accommodations (Hospital, Institution and School)	100
Housing	86
Mobile Home Park and Trailer Court	29
Hotel and Motel	117
Recreational Facility (Swimming Pool, Parks and Campgrounds)	321
Agricultural ILO	30
Personal Services Facility	61
Public Facility (Beauty Parlors, Barber Shops, etc.)	60
Solid Waste Disposal	208
TOTAL SERVICES	2128

In addition to the above, time was also spent on special education programs, communicable disease control, consulting services, office work, travel and meetings.

SPEECH-LANGUAGE PATHOLOGIST STATISTICS

	1980-81	1981-82
Number of therapy sessions	396	464
Number of assessments	139	50
Number of follow-up sessions	157	76
Number of other contacts (Patient conferences, teacher conferences, etc.)	255	466
Clients dismissed	77	36

PRESENT CASELOAD

Clients waiting for assessment	7
Clients assessed: waiting for therapy	13
Clients in therapy or on a program	64
Clients waiting for review	38
Total Caseload	122

TABLE 1.

COMMUNICABLE DISEASE STATISTICS		1980	1981
Gastro-Enteritis (Specified)		17	23
Shigellosis		10	7
Amoebiasis		--	--
Giardiasis		--	--
Salmonella		7	6
Measles		2	2
Rubella		4	--
Tuberculosis	Respiratory	--	1
	Other	1	2
Meningitis	Bacterial Hemophilus	2	--
	Bacterial Pneumococcus	--	--
	Other	1	2
Mumps		25	2
Whooping Cough		7	2
Infectious Hepatitis	A	1	1
	B	11	--
Influenza		--	2
Leprosy		--	--
Venereal Diseases:			
	Gonorrhea	8	16
	Syphilis	1	2
Diphtheria Carrier		1	--

TABLE 2.

Vital Statistics	1980	1981
Population	50,871*	50,727*
Live Births	821	750
Total Deaths	411	419

* SHSP

TABLE 3.

Rabies Positive	1980	1981
Skunk	32	65
Cat	--	--
Cattle	5	3
Dog	3	--
Bat	--	--
Other	3	1*
Total	43	69

* Badger

DISTRICT HEALTH COUNCIL REPRESENTATIVES

REPRESENTATIVE	REPRESENTING
WEYBURN DISTRICT HEALTH COUNCIL	
GORDON MILES	CITY OF WEYBURN
DONALD DEBUSSCHERE	TOWN OF STOUGHTON
HAROLD ISELY	TOWN OF MIDALE
MRS. JEAN GOTTFRIED	VILLAGE OF CREELMAN
J. M. KITSON	VILLAGE OF COLGATE
RUTH CHAMBERS	VILLABE OF FILLMORE
MRS. JOAN MCLANE	VILLAGE OF GOODWATER
DELBERT JENSEN	VILLAGE OF HALBRITE
RENE HESS	VILLAGE OF HEWARD
JOHN FROH	VILLAGE OF KHEDIVE
RON ENDICOTT	VILLAGE OF MCTAGGART
GARRY KREUTZER	VILLAGE OF OSAGE
BARRY KESSLER	VILLAGE OF PANGMAN
HARRY ROSENGREN	R.M. OF CYMRI NO. 36
ELMER JOHNSON	R.M. OF LOMOND NO. 37
GORDON COUTTS	R.M. OF TECUMSEH NO. 65
GORDON TONN	R.M. OF GRIFFIN NO. 66
J. MARSHALL CULHAM	R.M. OF WEYBURN NO. 67
VINCENT BERNARD	R.M. OF BROKENSHELL NO. 68
BARRY KESSLER	R.M. OF NORTON NO. 69
MRS. BERTHA ROSE	R.M. OF GOLDEN WEST NO. 95
C. RAY	R.M. OF FILLMORE NO. 96
DAVID PASLAWSKI	R.M. OF WELLINGTON NO. 97
RADVILLE DISTRICT HEALTH COUNCIL	
MRS. INGRID BJORK	TOWN OF RADVILLE
JAMES D. KIMBALL	VILLAGE OF CEYLON
HENRY POHLE	VILLAGE OF GLADMAR
IRENE RUDLAND	VILLAGE OF HARDY
AL HAIDER	VILLAGE OF LAKE ALMA
WM. J. BELL	VILLAGE OF MINTON
RALPH RASMUSSON	R.M. OF LAKE ALMA NO. 8
CLIFFORD E. LABATTE	R.M. OF SURPRISE VALLEY NO. 9
PIERRE VEROT	R.M. OF LAURIER NO. 38
KEITH KAUFMANN	R.M. OF THE GAP NO. 39
ESTEVAN DISTRICT HEALTH COUNCIL	
GERALD ROSS	CITY OF ESTEVAN
MRS. ISABEL WILHELM	TOWN OF LAMPMAN
PETER GEMBY	TOWN OF BIENFAIT
LLOYD SMITH	VILLAGE OF BENSON
WILSON MORRIS	VILLAGE OF FROBISHER
WM. SNIDER	VILLAGE OF MACOUN

REPRESENTATIVE	REPRESENTING
ESTEVAN DISTRICT HEALTH COUNCIL CONTINUED.....	
T. F. SHAW	VILLAGE OF NORTH PORTAL
ALEX OLSON	VILLAGE OF ROCHE PERCEE
CARL GRAEFER	VILLAGE OF TORQUAY
EMIL PORTH, JR.	VILLAGE OF TRIBUNE
LYNDA DUNBAR	R.M. OF COALFIELDS NO. 4
ROBERT A. ERICKSON	R.M. OF ESTEVAN NO. 5
DALE SHAUF	R.M. OF CAMBRIA NO. 6
JEROME ORDAHL	R.M. OF SOURIS VALLEY NO. 7
THOMAS LEGGATT	R.M. OF BROWNING NO. 34
HENRY SEEMAN	R.M. OF BENSON NO. 35
	R.M. OF CYMRI NO. 36
ARCOLA DISTRICT HEALTH COUNCIL	
ALLEN F. STURGESS	TOWN OF ARCOLA
DAVE MCDONELL	TOWN OF CARLYLE
CLIFF EASTON	TOWN OF REDVERS
MRS. GERALDINE GERVAIS	VILLAGE OF ALIDA
HARVEY BAUCHE	VILLAGE OF ANTLER
RENE HURIET	VILLAGE OF FORGET
JAS. G. MOAT	VILLAGE OF KISBEY
W. A. SMITH	VILLAGE OF MANOR
ROBERT C. KIRKPATRICK	R.M. OF STORTHOAKS NO. 31
KEN KYLE	R.M. OF RECIPROCITY NO. 32
EWALDT R. ARNDT	R.M. OF MOOSE CREEK NO. 33
JAS. STORLIE	R.M. OF BROWNING NO. 34
J. R. ROBINS	R.M. OF ANTLER NO. 61
MRS. LINDA AALBERS	R.M. OF MOOSE MOUNTAIN NO. 63
MRS. EDYTH E. HOUSTON	R.M. OF BROCK NO. 64
	R.M. OF TECUMSEH NO. 65
OXBOW DISTRICT HEALTH COUNCIL	
WM. D. KING	TOWN OF ALAMEDA
JAMES P. FERGUSON	TOWN OF CARNDUFF
MRS. EVELYN PIERCE	TOWN OF OXBOW
J. THIESSEN	VILLAGE OF CARIEVALE
DAVID W. CONEY	VILLAGE OF GAINSBOROUGH
FERNAND BLEROT	VILLAGE OF STORTHOAKS
DARWIN STEFFENSEN	VILLAGE OF GLEN EWEN
TABOR H. REDPATH	R.M. OF ARGYLE NO. 1
H. E. WILSON	R.M. OF MOUNT PLEASANT NO. 2
F. C. MEYER	R.M. OF ENNISKILLIN NO. 3
MILTON MALIN	R.M. OF STORTHOAKS NO. 31
GRAHAM MCINTYRE	R.M. OF RECIPROCITY NO. 32
R. CRUYWELS	R.M. OF MOOSE CREEK NO. 33

REGIONAL BOARD OF HEALTH

WEYBURN HEALTH DISTRICT #1

J. M. Culham, Weyburn, Treasurer
D. Debusschere, Stoughton
G. Miles, Weyburn, Vice-Chairman

RADVILLE HEALTH DISTRICT #2

C. E. Labatte, Minton

ESTEVAN HEALTH DISTRICT #3

C. Graefer, Torquay
H. Seeman, Lampman
J. Wanner, Estevan (deceased April 23, 1982)

ARCOLA HEALTH DISTRICT #4

K. Kyle, Redvers
J. R. Robins, Redvers, Chairman

OXBOW HEALTH DISTRICT #5

T. H. Redpath, Gainsborough

SPECIAL THANKS...

... TO CFSL Radio Station, Weyburn
CJSL Radio Station, Estevan

and the

Weyburn Review
Estevan Mercury
Redvers Optomist
Oxbow Herald
Carnduff-Gazette-Post News
Arcola Star Standard
Carlyle Observer
South Saskatchewan Star, Radville
Stoughton Times

for broadcasting and publishing Health Region news and messages

... AND to the many volunteers who assisted us in various programs and projects throughout the year.

WEYBURN-ESTEVAN HEALTH REGION STAFF
(AS OF MARCH 31, 1982)

CARLYLE DISTRICT OFFICE — TELEPHONE 453-6131

Mrs. Terry Berglund, Speech and Language Pathologist
Miss Beth Lindquist, Public Health Nurse I

ESTEVAN DISTRICT OFFICE — TELEPHONE 634-3651

Mrs. Rose Black, Public Health Nurse I
Mrs. Elaine Boire, Clerk-Typist I (part-time)
Miss Wendy Fong, Public Health Inspector I
Mr. Peter deGraaf, Public Health Inspector I
Mrs. Gloria George, Clerk-Steno II
Mrs. Clarice McManus, Public Health Nurse I
Mrs. Brenda Walker, Public Health Nurse I

OXBOW DISTRICT OFFICE — TELEPHONE 483-2313

Mrs. Ann Marie Baerwald, Public Health Nurse I

RADVILLE DISTRICT OFFICE — TELEPHONE 869-2555

Miss Daphne Goodman, Public Health Nurse I

REDVERS DISTRICT OFFICE — TELEPHONE 452-3464

Mrs. Dorothea Bailey, Public Health Nurse I

WEYBURN REGIONAL OFFICE — TELEPHONE 842-4691

Mrs. Gloria Allen, Clerk Steno II
Mrs. Marnie Bernard, Regional Nutritionist
Mrs. Claudia Berscheid, Public Health Nurse I
Mr. Gordon Button, Senior Public Health Inspector
Mr. Trevor Getty, Public Health Inspector II
Miss Monica Hoffart, Health Region Administrator
Dr. A. Krahn, Medical Health Officer (Regina)
Mrs. Anne Maki, Clerk-Steno III
Mrs. Isabel Moore, Public Health Nurse II
Miss Linda Nell, Public Health Nurse I
Mrs. Lynn Rogal, Clerk-Typist II
Miss Yvonne Schiller, Public Health Inspector I
Mrs. Betty Stewart, Public Health Nurse I
Mrs. Valerie Thomas, Clerk-Typist II (part-time)
Mrs. Laraine Tremblay, Regional Nursing Supervisor